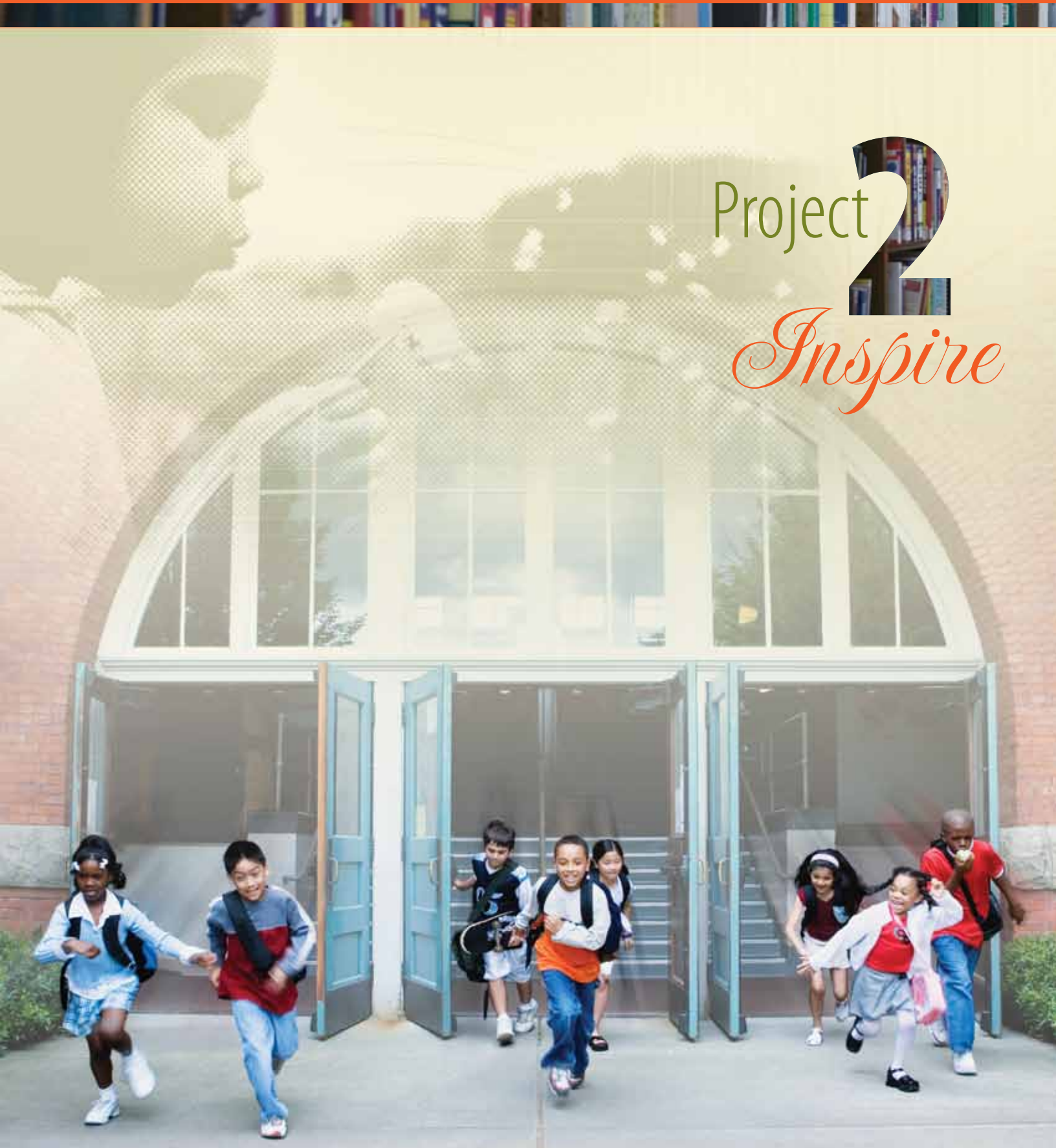


Project **2**
Inspire



THE CHALLENGE: ENGAGING PARENTS WITH MEANINGFUL LEARNING EXPERIENCES

With a diverse population, California schools face unique challenges involving parents in their children's school experience. To help, CAFE's Project INSPIRE began in 2003 to design a statewide program to better engage parents.

Using federal education grant funds of \$1.2 million (2003-2006), CAFE's Project INSPIRE has **helped more than 100 California school districts provide relevant information about schools and educational programs.** The program uses parents' diverse backgrounds as a resource for their children's learning and provides parents with tools to improve their children's home learning environment.

In 2006, with renewed federal funds, CAFE built on its success to create Project 2-INSPIRE, now operating in many schools and districts (Level 1) as well as in 18

schools at two levels. **Level 2**, a Parent Leadership Development Program especially developed for individual schools, provides an in-depth, parental engagement experience. **Level 3**, the Trainer-of-Trainers Parent Leadership Development program, instructs parents on how to be parent leaders and how to train other parents to also become school leaders and activists.

Results: This research-based program demonstrated increased scores on the 2009 California Standards Test for students in all grade levels whose parents participated in the Level 2 program. Student scores increased in:

- English Language Arts by 12.8 points.
- Math by 18.5 points.

HOW YOUR SCHOOL CAN BENEFIT:

- > Reach diverse background, non-English speaking parents with materials in their language (Spanish, Russian and Mandarin Chinese available)
- > Help parents guide their children's school success
- > Improve test results in low-performing schools
- > Equip school staff members to engage parents and boost student achievement
- > Create active, involved parent committees
- > Strengthen families and the community



Project INSPIRE has greatly benefited parents, students and schools in Anaheim.

Parents better understand their role and responsibilities at school. They know how to help their children become better students and how to help them get more from their studies.

Students notice that their parents participate more at school. They've received help with schoolwork from parents who've requested training on school related topics.

Omar Guillén
Parent Involvement Specialist
Anaheim City School District



PROJECT 2-INSPIRE GOALS:

- 1 Teach parents how to create a positive learning environment at home and how to engage, motivate and support their children's success in school.
- 2 Help schools and districts serving disadvantaged, diverse students generate a high level of parental involvement in home/school partnerships.
- 3 Train parents to train other parents to become actively involved as leaders in local school reforms and improvements.

CHOOSE A LEVEL THAT BEST MEETS YOUR SCHOOL'S NEEDS

CABE'S Project 2-INSPIRE offers a family-school-community engagement program with three levels:

LEVEL 1

Awareness
(12 modules)

- **Content** – Basic steps on how parents can work with the school to improve their children's learning experience.
- **Format** – Lecture/workshop, 1.5 hours each.
- **Participation** – Attendance at all 12 modules not required.
- **Best suited for** – District or school use.

LEVEL 2

Mastery
(12 modules)

- **Content** – Participant-centered, in-depth, focus on improving student academic performance.
- **Format** – Lecture/workshop, one-on-one interaction, creation of Family-School-Community collaboration teams.
- **Participation** – Attendance at all 12 modules required, 36 hours total.
- **Best suited for** – School use; parents, teachers and administrators develop and implement school action plans focused on increasing student achievement.

LEVEL 3

Expert
(16 modules)

- **Content** – Builds on knowledge and skills from Level 2 training to enable parents to develop leadership skills and become "Trainers-of-Trainers."
- **Format** – Development of skill sets of outreach, group process and facilitation skills.
- **Participation** – Provides parents with optimal on-going coaching and feedback as well as opportunities to "practice" teaching the program modules to other parents.
- **Best suited for** – School use; parents pursue goals and objectives in parent recruitment, action team leadership development and assessment of educational reform efforts in the home, classroom, school, district, and/or state levels.

CABE's Family, School, and Community Engagement Program: an educational reform strategy to improve student achievement and school performance.



The project helped us achieve our goals because it empowers parents to assist their children with their education and enables them to become better members of our community.

Carolina Nieto
Palmdale School District

SIGN UP TODAY! CABE PROJECT 2-INSPIRE- REVISED FEE SCHEDULE

The CABE Parent Engagement Program can begin at any point in the school year. Parent specialists deliver the workshops based on the schedule best suited for the school/district.

LEVEL 1 – Awareness (12 modules, 1.5 hours each)

- Parent Specialist provides 18 hours of on-site sessions
- Cost: \$125/participant; minimum of 15 parents. Schools/Districts sending more than 30 parents will not be charged for additional parents.

LEVEL 2 – Mastery (12 modules, 3 hours each) - School Based Model

- Parent Specialists provide 36 hours of on-site sessions
- At end of the 12 sessions, a school team (Principal, teachers, and parents) create a parental engagement plan following the Action Team for Partnerships Model program developed by educational researcher/educator, Joyce Epstein of Johns Hopkins University.
- Cost: \$175 for each participant; minimum of 20 parents.. Schools/Districts sending more than 30 parents will not be charged for additional parents. For program effectiveness each participant must attend all 12 modules.

LEVEL 3 – Expert Level (composed of 16 modules- 3 hours each)

- Trainer-of-Trainers Parent Leadership Development - parent specialist provides 48 hours of on-site sessions
- Cost: \$175 for each participant; minimum of 15 parents. For program effectiveness each participant must attend all 16 modules. Schools/Districts sending more than 30 parents will not be charged for additional parents.

Topics covered in all three levels

- Importance of Parental Involvement
- Helping Your Child's Academic Success at Home
- Understanding the American System of Public Education
- State System of Accountability
- State Standards and Special Academic Programs
- Participation in Parent Advisory Committees
- School/Home/Community Connections
- Use of Technology and Online Resources
- Beyond High School
- Parental Rights under No Child Left Behind Act
- Early Childhood/ Virtual Pre-K
- Goal Setting for Parents and Students

For further information about the Project 2-INSPIRE Program

School Name: _____ Date of Request: _____

School Address: _____
Street City Zip code

District Name: _____

Contact Person Name: _____ Title: _____

Contact Phone Number: () _____ Email: _____

Please indicate the Level of Training you are interested in: Level 1____ Level 2____ Level 3____

Please answer the following questions:

What language(s) would you like workshop(s) to be presented in? *Check all that apply.*

English Spanish Other: _____

Is your District/School Title 1? District Yes No School Yes No

Is your District/School in Program Improvement? District Yes PI Year? ____ No School Yes PI Year? ____ No

Please fax this form to (626) 814-4640, Attn: CABE Project 2-INSPIRE. CABE staff will contact you to discuss logistics and planning. Thank you for your request.

ABOUT CABE



The California Association for Bilingual Education (CABE) began in 1976 as a non-profit organization to promote bilingual and quality educational experiences for all students in California. CABE enjoys a reputation as a premier source of professional development for educators, parents and community organization that need tools to work with students and family members from diverse-backgrounds.

www.bilingualeducation.org

Focus Of Our Work

- >> Developing school capacity to meaningfully engage parents in their children's education with the goal of increasing their academic achievement.
- >> Offering school-based Family-School-Community engagement programs and services to help schools engage parents effectively.
- >> Establishing the school as a foundation from which parents through creation of action teams build partnerships between schools and other community agencies.
- >> Holding professional development conferences and institutes focused on strengthening instructional programs for California's English learners.



California Association for Bilingual Education

For more Information contact:

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When families, schools, and
communities work together,
children succeed!